

Pediatric Pain Clinics 2020



1 Germany

2 Hungary

3 Israel

4 Netherlands

5 Switzerland

Clinic list (Organized by: Country > Province/state > City > Hospital)

#	Location	Hospital	Program	Website	Contact	Professionals	Services
AUSTRALIA							
1	Australia New South Wales, Sydney	The Children's Hospital at Westmead	Complex pain clinic	https://www.schn.health.nsw.gov.au/find-a-service/health-medical-services/pain-medicine/chw	Natasha Haynes natasha.haynes@health.nsw.gov.au	- Ped. Nurse - Ped. pain med specialist - Ped. Physical therapist - Ped. Psychologist	- Outpatient services - Day treatment - Telehealth services - Hydrotherapy - Pharmacologic - Physiotherapy - Psychotherapy
	Program description	Complex and intractable pain is managed through an out-patient interdisciplinary (medical, nursing, psychology, physiotherapy) consultative service, a moderate intensity day program (T.A.M.E. Your Pain), a Tele-health service, and an inpatient medical and nursing consultative service. The service receives state-wide referrals from general practice and specialists. Inpatient admission occurs under the care of the primary team caring for the child with consultation from medical and nursing pain clinic staff.					
2	Australia Queensland, Brisbane	Queensland Children's Hospital	Interdisciplinary Paediatric Persistent Pain Service	https://www.childrens.health.qld.gov.au/service-queensland-interdisciplinary-paediatric-persistent-pain/	Mark Alcock Mark.Alcock@health.qld.gov.au	- Ped. anesthesiologist - Ped. Nurse - Ped. occupational ther. - Ped. Physical therapist - Ped. pain med specialist - Ped. Psychologist - Ped. Psychiatrist - Music therapist	- Outpatient services - Telehealth services - Occupational therapy - Pharmacologic - Physiotherapy - Psychotherapy
	Program description	We run medical clinics and interdisciplinary clinics. Our interdisciplinary clinics typically consist of an assessment phase and therapy phase. We practise an evidence-based sociopsychobiomedical approach, and individualise our care to our patient and family needs.					
3	Australia Western Australia, Perth	Perth Children's Hospital	Complex Pain Service	https://pch.health.wa.gov.au/Our-services/Complex-Pain	Anna Hilyard anna.hilyard@health.wa.gov.au	- Ped. anesthesiologist - Occupational therapist - Pain medicine specialist - Physical therapist - Psychologist - Rheumatologist - Teacher	- Outpatient services - Day treatment - Telehealth services - Occupational therapy - Pharmacologic - Physiotherapy - Psychotherapy
	Program description	The Complex Pain Service provides interdisciplinary care for children with chronic pain from across Western Australia using outpatient and day program models of care. Referral from a paediatric team at Perth Children's Hospital is required. Those families suitable for our group interdisciplinary cognitive behavioural program complete a 6-week intervention, with 12 months support (including formal reviews and informal booster sessions). Those not suitable for groups are					

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		cared for in a shared care model by our team and hospital or community-based health practitioners. We work closely with the Department of Education and have a teacher embedded in our clinical team to support young people transitioning back to full time school.					
CANADA							
4	Canada Alberta, Calgary	Alberta Children's Hospital	Not Provided	Not Provided	Laura Rayner Laura.Rayner@ahs.ca Nivez Rasic Nivez.Rasic@ahs.ca Kelsey Barrie Kelsey.Barrie@ahs.ca	- Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychologist - Ped. Vocational Couns. - Art Therapist - Recreational Therapist - Family Therapist	- Outpatient Services - Day Treatment Rehab - Telehealth - Comfort Ability program - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Qigong - Yoga - Academic support
	Program description	None provided					
5	Canada Alberta, Edmonton	Stollery Children's Hospital	Pediatric Chronic Pain Clinic	https://www.albertahealthservices.ca/findhealth/Service.aspx?id=1019352&serviceAtFacilityID=1074335	Bruce Dick Bruce.dick@ualberta.ca Tel: (780)407-1097 Fax: (780)407-3200	- Ped. Anesthesiologist - Anesthesiologist - Ped. Nurse - Ped. Physical Therapist - Ped. Psychologist	- Outpatient services - Telehealth - Acupuncture - Hydrotherapy - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	Young people with chronic pain (under 18) and their families are referred by their primary care providers. Our catchment area includes Northern Alberta, Northwest Territories, Yukon, and North Eastern British Columbia. Utilizing a biopsychosocial approach, we provide comprehensive care including, assessment and diagnosis, exercise program guided by physiotherapy, and cognitive behavioural therapy, individually and in group sessions (Pain 101). We have created Chronic Pain 35, a course approved by Alberta Education. This course allows high school students to obtain Grade 12 (senior secondary education) school credits for attendance and participation in our outpatient chronic pain self-management program. We also provide parent group education sessions.					
6	Canada British Columbia, Vancouver	BC Children's Hospital	Complex Pain Service	Not Provided	Tim Oberlander toberlander@bcchr.ca Sarab Randhawa srandhawa3@cw.bc.ca	- Ped. anesthesiologist - Ped. Nurse - Ped. pain med specialist - Pediatrician - Ped. Physical therapist	- Outpatient services - Inpatient services - Telehealth services - Hypnosis - Pharmacologic

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						- Ped. Psychologist	- Physiotherapy - Procedures
	Program description	Our Complex Pain Service offers nurse-MD consults, team assessments and ongoing care. We emphasize care that engages and builds community capacity to assess and manage complex pain closer to home.					
7	Canada Quebec, Montreal	CHU Sainte-Justine	Not Provided	Not Provided	Marie-Joëlle Doré-Bergeron mdoreb@yahoo.ca	- Ped. Nurse - Ped. Pain MedSpecialist - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist	- Outpatient Services - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	Our multidisciplinary pain clinic sees patients with various pathologies. The initial assessment, as well as follow ups, are done as a group, meaning the MDs, nurse, PT and psychologist all see the patient together. We have a pediatric psychiatrist who is trained in chronic pain, as well as a pediatrician who is also trained in chronic pain and an anesthesiologist. Hospitalized patients can also be seen by members of our team, but we currently don't have an inpatient or outpatient intensive rehab program.					
8	Canada Quebec, Montreal	Montreal Children's Hospital	Chronic Pain Service	https://www.thechildren.com/departments-and-staff/departments/department-of-pain-management-pediatric-chronic-pain-management_01	Pablo Ingelmo Pablo.ingelmo@mcgill.ca Rebecca Pitt Rebeca.pitt@muhc.mcgill.ca	- Ped. Anesthesiologist -Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Ped. Physical therapist - Ped. Psychologist	- Outpatient Services -Telehealth -Hypnosis - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	The Chronic Pain Service (CPS) consists of a clinical, educational and research multidisciplinary team. The CPS team strives to optimize physical and psychological function, normalize sleep and social function (school attendance and age dependent quality of life), and increase levels of activity, while assisting the management of pain. The team guides patients and families toward successful strategies to understand and manage pain and to modulate negative behaviors regarding pain and disability. Improved functioning is the most important outcome in the treatment. Of interest, patients generally report significant improvement in function before reporting decreases in pain.					
9	Canada Nova Scotia, Halifax	IWK Health Centre	Pediatric Complex Pain Clinic	http://www.iwk.nshealth.ca/contacts#/content/pediatric-pain-management	Allen Finley Allen.finley@iwk.nshealth.ca	- Ped. Nurse - Ped. Pain Med Specialist - Ped. Physical Therapist - Ped. Psychologist	- Outpatient Services -Telehealth - Acupuncture - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	Referral from family physicians or specialists. Patients assessed by the interdisciplinary team in a combined session, followed by individualized assessment and treatment.					

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10	Canada Ontario, Hamilton	McMaster Children's Hospital	Pediatric Chronic Pain Program	Not Provided	Sheri Findlay findls@mcmaster.ca	- Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Med Specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Social Worker - Child Life Specialist	- Outpatient Services - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	The program offers an interdisciplinary assessment. If appropriate, interdisciplinary care is offered using a biopsychosocial approach. Patients will work with PT and OT if needed and have access to social work and psychology. The psychological treatment is a structured 3-4-month program that is goal-oriented and uses pain education and CBT principles to improve function and pain-coping.					
11	Canada Ontario, Ottawa	Children's Hospital of Eastern Ontario	Chronic Pain Program	https://www.cheo.on.ca > clinics-services-programs > chronic-pain-service	Christine Lamontagne clamontagne@cheo.on.ca Marie Eve Theriault mtheriault@cheo.on.ca Megan Greenough mgreenough@cheo.on.ca	- Ped. Anesthesiologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Med Specialist - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Social Worker	- Outpatient Services - Telehealth - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	Program goals: Help families understand how to manage chronic pain with a pharmacological, physical and psychological approach. Provide patients and families with the tools needed to take control over the pain and cope with it effectively. Support patients and families in their return to normal functioning and age-appropriate activities (school, sports, social activities, jobs, chores) with a tailored approach including group and individual interventions.					
12	Canada Ontario, Toronto	Hospital for Sick Children	Chronic Pain Clinic	http://www.sickkids.ca/pain-centre/Patients-and-Families/Chronic%20Pain%20Clinic/index.html	Fiona Campbell, MD Fiona.campbell@sickkids.ca Geraldine Cullen-Dean gcdean@sickkids.ca	- Ped. Anesthesiologist - Ped. Nurse - Ped. Occupational ther. - Ped. Physical therapist - Ped. Psychiatrist - Ped Psychologist	- Outpatient services - Telehealth services - Hydrotherapy - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	Interdisciplinary outpatient pain clinic located in a tertiary care, pediatric hospital, providing comprehensive pain management to children ages 0 - 18. Families participate in an initial comprehensive biopsychosocial pain assessment with our interprofessional team (pain physician, psychologist, nurse, physical therapist					

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		and psychiatrist). An outpatient treatment plan is provided including pharmacology, physical therapy and psychological/mind-body treatments. In addition to the initial assessment, services provided include psychology, psychiatry, physical and occupational therapy, hydrotherapy, and social work support. Group treatments include warm water therapies and mindfulness.					
13	Canada Saskatchewan, Saskatoon	Jim Pattison Children's Hospital	Interdisciplinary Paediatric Complex Pain Clinic	https://momsandkidssask.saskhealthauthority.ca/infant-child-health/specialty-care/pain-clinic	Krista Baerg Krista.baerg@saskhealthauthority.ca	- Ped. Nurse - Pediatrician - Ped. Physical therapist - Ped. Psychologist	- Outpatient services - Telehealth - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	Children ages 6-16 years who meet the following criteria may be qualified to visit the clinic: Chronic or complex pain resulting in missed school; Willing and able to benefit from medical, physical and psychological therapies; Not currently a candidate for Palliative Care. Research opportunities available.					
GERMANY							
14	Germany Datteln, Nordrhein- Westfalen	Vestische Kinder- und Jugendklinik, Universität Witten/ Herdecke	German Pediatric Pain Center	https://www.deutsches-kinderschmerzszentrum.de/en/	Boris Zernikow B.Zernikow@Kinderklinik-Datteln.de	- Ped. Anesthesiologist - Ped. Gastroenterologist - Ped. Neurologist - Ped. Neurosurgeon - Ped. Nurse - Ped. Pain Med Specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Rheumatologist - Ped. Vocation Counselor - Ped. Music Therapist - Ped. Art Therapist - Ped. Social Worker - Ped. Certified Trauma-Psychotherapy - Pediatric Psych. for Pain - Ped. Pedagogues	- Outpatient services - Inpatient Intensive - Telehealth - Special program for young adults 18-25 years - Special palliative care unit - Outpatient care and outreach team - Service for cognitively impaired & children w SNI - Hydrotherapy - Occupational Therapy - Pharmacologic - Physiotherapy - Psychological Treatment - Treatments for PTBS - Psychotherapy - Self-defense for girls
	Program description	Families or family doctors contact us. After an initial evaluation on the telephone the family receive questionnaires. Once the questionnaires are back, we schedule an outpatient appointment with a pediatric pain specialist and a pediatric psychotherapist. Then we decide together with the family whether outpatient treatment is enough or whether the child needs inpatient intensive interdisciplinary treatment. Treatment is individualized but quality controlled; for					

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		details see our treatment Manual: Dobe/Zernikow (Editors) Practical Treatment Options for Chronic Pain in Children and Adolescents: An Interdisciplinary Therapy Manual; 2nd issue, Springer 2019.					
HUNGARY							
15	Hungary Budapest	Bethesda Children's Hospital	Not Provided	https://www.bethesda.hu/ambulancia/fajdalomterapias-ambulancia	János Major Major.janos@bethesda.hu	- Ped. Anesthesiologist - Ped. Gastroenterologist - Ped. Nurse - Ped. Pain Med Specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist	- Outpatient services - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	The program has been running since 2013 as an outpatient clinic. We treat all types of pediatric chronic pain disorders in a multidisciplinary team. We are currently planning our inpatient department which will be finished in 2022.					
ISRAEL							
16	Israel Tel Aviv	Sourasky Medical Center and Dana Dwek Children's Hospital	The Multidisciplinary Pediatric Pain Clinic	https://www.tasmc.org.il/Surgery/Anesthesiology/Pages/Kids-Pain.aspx	Daniel Stocki danielstocki@gmail.com	- Ped. Anesthesiologist - Ped. Physical Therapist - Ped. Psychologist	- Outpatient Services - Physiotherapy - Psychological Treatment
	Program description	Multidisciplinary pediatric outpatient clinic seeing patients from all over Israel. We provide consultations for patients and professionals, guidance and outpatient physiotherapy and psychological interventions.					
NETHERLANDS							
17	Netherlands Limburg	Adelante-Zorggroep, Maastricht University	2B-active	https://www.adelante-zorggroep.nl/nl/expertisecentrum-pijn-en-revalidatie/revalidatie-bij-chronische-pijn/#	Jeanine Verbunt Jeanine.verbunt@maastrichtuniversity.nl Jeroen Bekkers j.bekkers@adelante-zorggroep.nl	- Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine	- Inpatient Intensive - Day Treatment Rehab - Occupational Therapy - Physiotherapy - Psychological Treatment
	Program description	2B-active is a multidisciplinary pain rehabilitation program with active treatment sessions for both adolescents and their parents. This program aims to restore the adolescents' age-appropriate functional abilities by systematically reducing pain-related fear and catastrophic thinking through gradually exposing adolescents to fear-provoking daily activities and movements. For adolescents, the treatment entails an intake session with a consultant in rehabilitation medicine, screening, and 14 program sessions of 60 minutes (an education session, and twelve graded exposure in vivo session), during a 7-week period. For parents, three parent meetings are offered in parallel with their adolescents' program, in a group or individually.					

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18	Netherlands Zuid-Holland	Erasmus Medical Centre-Sophia Children's Hospital	Kinderpijncentrum Erasmus MC-Sophia	https://www.erasmusmc.nl/nl-nl/sophia/patientenzorg/centra/kinderpijncentrum	Tom de Leeuw T.deLeeuw@ErasmusMC.nl Agi Török A.Torok@ErasmusMC.nl Bernadette de Mol B.deMol@ErasmusMC.nl	- Ped. Anesthesiologist - Ped. Nurse - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Physician Assistant	- Outpatient Services - Day Treatment Rehab - Hypnosis - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	After referral to our pain Clinic some questionnaires are sent. Then triage is done to decide if the patient can be seen by a single professional or multidisciplinary. If the patient is examined on the first visit by our physician assistant, advice for physical therapy, medication or pain education can be given. Also, smaller interventions like trigger point, TENS, iontophoresis or hypnosis are done. If the patient is seen by the multidisciplinary team (more complex patients) this happens first by anesthesiologist-pain specialist together with physical therapist and then by a psychologist. Then, the team discusses the best treatment option, and this is communicated to patient and parents. Several treatment options are possible, such as: physiotherapy, medication or psychological treatment.					
NEW ZEALAND							
19	New Zealand Auckland	Starship Children's Health	Starship Complex Pain Service	https://www.starship.org.nz/health-professionals/paediatic-pain-service/	Ross Drake rossd@adhb.govt.nz	- Ped. Nurse - Ped. Occupational Ther. - Ped. Pain med specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Palliative Care Spec	- Outpatient services - Inpatient intensive - Telehealth - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	The Complex Pain Service at Starship Hospital is a national service for children and adolescents (0-15 years) with all types of persistent pain comprising of an inter-professional team led by a Paediatric Pain Medicine Specialist. The service is primarily outpatient but children with persistent pain who are inpatients will also be assessed and those who are significantly disabled can be started on a comprehensive, intensive graduated functional rehabilitation programme as part of their admission. Referral acceptance takes into consideration the ability of the child and family to participate in a graduated pain management rehabilitation programme. The services uses a consultation, shared care, responsible clinician and advisory model that matches the rehabilitation needs of the child.					
SPAIN							
20	Spain Catalonia, Tarragona	Hospital Universitari Sant Joan de Reus	Unitat per a l'Estudi i Tractament del Dolor – ALGOS	Not Provided	Jordi Miró jordi.miro@urv.cat	- Ped. Gastroenterologist - Ped. Neurologist - Ped. Nurse - Pediatrician - Ped. Psychologist	- Outpatient services - Telehealth - Pharmacologic - Psychological Treatment

#	Location	Hospital	Program	Website	Contact	Professionals	Services
	Program description	Multidisciplinary cognitive-behavioral based treatment for children and adolescents with chronic pain. Treatment that is mostly provided in group format. We also use telehealth services. Treatment is for young people between 8 and 18 years old.					
SWITZERLAND							
21	Switzerland Zurich	University Children's Hospital Zurich	Outpatient interprofessional pediatric chronic pain program	www.kispi.uzh.ch/schmerz	Alice Prchal Alice.prchal@kispi.uzh.ch Eva Bergsträsser Eva.bergstraesser@kispi.uzh.ch	- Ped. Anesthesiologist - Ped. Physical Therapist - Ped. Psychologist - Pediatrician	- Outpatient services - Pharmacologic - Physiotherapy - Psychological treatment
	Program description	Outpatient program for pediatric chronic pain patients with or without somatic diagnosis. Interdisciplinary assessment of patients based on a bio-psycho-social model of chronic pain and recommendations for individualized multimodal chronic pain therapy with focus on physical therapy and psychotherapy. Multimodal therapy takes place within our program or with external specialists near to home in close cooperation.					
UNITED KINGDOM							
22	United Kingdom England, Leeds	Leeds Children's Hospital	Paediatric Pain Service	Not Provided	Alison Bliss Alison.bliss@nhs.net Lucy Finn Lucy.finn@nhs.net	- Ped. Anesthesiologist - Adult Anesthesiologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain med specialist - Ped. Physical therapist - Ped. Psychologist - Pharmacist	- Outpatient services - Inpatient Intensive - Day Treatment Rehab - Acupuncture - Hydrotherapy - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	All referrals are triaged as routine or urgent (urgents seen within 7 weeks). All new patients are seen by full MDT (medic, CNS, PT, OT, psychologist), then offered individual and/or group work with therapists, either locally if available or here with our team, therapy co-working offered if required. In patient therapy/interventional work offered if needed. Follow-up by individual or MDT clinic reviews as needed.					
23	United Kingdom England, Middlesbrough	James Cook University Hospital	Not Provided	Not Provided	Rosey Ferris rosey.ferris@nhs.net	- Ped. Pain Med Specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychologist	- Outpatient Services - Pharmacologic - Physiotherapy - Psychological Treatment

#	Location	Hospital	Program	Website	Contact	Professionals	Services
	Program description	Outpatient pain programme accessed via a referral to a monthly Multi-Disciplinary clinic. Referrals are only taken from the local area (North and South Tees and Hambleton and Richmondshire) due to clinic resourcing. A plan is developed at MDT for input from physiotherapy and psychology. The input usually begins with psycho-education delivered individually with the patient and their parents/caregivers.					
24	United Kingdom England, Newcastle upon Tyne	Great North Children's Hospital	Not Provided	www.newcastle-hospitals.org.uk	Sachin Rastogi Sachin.rastogi@nuth.nhs.uk	- Ped. Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Ped. Physical Therapist - Ped. Psychologist	- Outpatient services - Day treatment rehab - Hydrotherapy - Pharmacologic - Physiotherapy - Procedures - TENS
	Program description	Multi-disciplinary clinic in a tertiary referral large university teaching hospital. It covers a large geographical area in the north of England. We accept referrals from family doctors and all paediatric services across the region. Patients are seen in an MDT clinic for an initial assessment then bespoke treatment plans are made and implemented. It is NHS funded, so it is free for all patients.					
25	United Kingdom England, Oxford	Oxford University Hospitals	Oxford Centre for Children and Young People in Pain	https://www.ouh.nhs.uk/childrens-rehabilitation/services/pain-management/default.aspx	Konrad Jacobs Konrad.jacobs@ouh.nhs.uk	- Ped. Occupational Ther. - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rheumatologist - Ped. Art Therapist	- Outpatient Services - Inpatient Intensive - Day Treatment Rehab - Hydrotherapy - Occupational Therapy - Pharmacologic - Physiotherapy - Psychological Treatment - Yoga
	Program description	Patients are referred to us by their GPs, rheumatology, orthopaedics, Spinal, Gastroenterology, neurology and neurosurgery. They enter our service via our multi-disciplinary pain clinic. This is followed by a pain education class which the whole family can attend. During this class we discuss the nature of pain, the difference between acute and chronic pain and our philosophy to treatment. We then offer outpatient appointments with physiotherapy, occupational therapy, and clinical psychology, based on the need of the child and the family. Some of our patients then come to one of our intensive rehabilitation programmes. Our programme is largely non-medical. Exposure to feared movements, activities and situations is a big part of the programme.					
26	United Kingdom England, West Sussex	Western Sussex Hospitals NHS Foundation Trust	Paediatric Chronic Pain team	https://www.westernsussexhospitals.nhs.uk/services/paediatrics/west-sussex-paediatric-chronic-pain-service/	Rhiannon Joslin Rhiannon.joslin@wsht.nhs.uk Ros Foulds Ros.foulds@wsht.nhs.uk	- Pediatrician - Ped. Physical therapist - Ped. Psychologist - Ped. Team Secretary	- Outpatient services - Inpatient intensive - Hydrotherapy - Physiotherapy - Psychological treatment - Yoga
	Program description	The Paediatric Chronic Pain Service (PCPS) is a specialist multidisciplinary service for children and young people experiencing chronic musculoskeletal pain. Children and their parents/caregivers are offered an initial assessment in clinic with the whole team. We offer hour-long appointments to review medical					

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		history, medication and investigations, and conduct a thorough physical examination together with an assessment of day-to-day functioning at home and at school, college or work. A coordinated treatment and rehabilitation programme is offered to those children who require focused therapeutic intervention. Each programme is individualised. The focus of rehabilitation is to return to full function despite pain.					
27	United Kingdom Scotland, Aberdeen	Royal Aberdeen Children's Hospital	Not Provided	Not Provided	Graham Wilson Graham.wilson@nhs.net	- Ped. Anesthesiologist - Ped. Nurse - Ped. Physical therapist - Ped. Psychologist	- Outpatient services - Inpatient intensive - Day treatment rehab - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	This is a predominantly outpatient service covering a large geographic area. We use telemedicine - telephone and video support to practitioners and patients. We focus on a biopsychosocial approach to pain management.					
UNITED STATES							
28	United States Arkansas, Little Rock	Arkansas Children's Hospital	Not Provided	Not Provided	Aru Reddy areddy@uams.edu	- Ped. Anesthesiologist - Pediatrician - Ped. Psychologist	- Outpatient Services - Inpatient Intensive - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	This is a program that is in the initial stages of redevelopment. We do have a pediatrician with management of patients who are on hospice being her specialty, and also have a psychologist in the outpatient area and anesthesiologists take care of the chronic pain inpatients.					
29	United States California, Los Angeles	Children's Hospital of Los Angeles	Pain Medicine	https://www.chla.org/pain-medicine	Eugene Kim eugekim@chla.usc.edu PainMedicine@chla.usc.edu	- Ped. Anesthesiologist - Ped. Nurse - Ped. Pain Medicine - Ped. Psychiatrist - Ped. Psychologist - Ped. Physician Assistant - Ped. Nurse Practitioner - Ped. Acupuncturist	- Outpatient Services - Inpatient Intensive - Acupuncture - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Yoga
	Program description	The service includes 1) <u>Pain Clinic</u> . We use a biopsychosocial-informed approach for evaluations/assessments and treatment recommendations. We use a collaborative, patient- and family-centered approach to tailor recommendations for each patient and family. 2) <u>Pain Rehabilitation Program</u> . The program consists of comprehensive rehabilitation consisting of physical, occupational therapies, dog therapy, recreation therapies and individual and family psychotherapy for pain management. 3) <u>Pain Rehabilitation Step-Down Program</u> . To support youth with transition back to daily living and help maintain and enhance progress. 4) <u>Inpatient Pain Medicine Team</u> . It is a consult service for patients who are experiencing acute to chronic pain.					

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30	United States California, Los Angeles	Whole Child LA Pain Clinic	Whole Child LA	www.wholechildla.com	Paul Zeltzer DrZeltzer@wholechildla.com	<ul style="list-style-type: none"> - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Rheumatologist 	<ul style="list-style-type: none"> - Outpatient Services - Acupuncture - Chinese Herbal - Energy Field Therapy - Hydrotherapy - Hypnosis - Massage - Occupational Therapy - Pharmacologic - Physiotherapy - Psychological Treatment - Yoga
	Program description	Two Pediatric Pain specialists spend 2-4 hours face time with all new patients who sign up on line. The follow-ups are generally 30 minutes					
31	United States California, Orange County	Children's Hospital of Orange County		https://www.choc.org/program-services/gastroenterology/functional-abdominal-pain-program/	Ashish Chogle achogle@choc.org	<ul style="list-style-type: none"> - Ped. Gastroenterologist - Ped. Nurse - Ped. Psychologist - Ped. Dietician 	<ul style="list-style-type: none"> - Outpatient Services - Hypnosis - Pharmacologic - Procedures - Psychological Treatment - Neuromodulation
	Program description	Our board-certified gastroenterologist, dietitian, psychologist, care coordinator and nurses team up with patients and their caregivers to assess and diagnose the type and possible cause of pain the child is experiencing. With the family's and the child's input, we develop a personalized treatment plan. Our treatment plan is age and developmentally appropriate for the child and involves educating the family on ways to help the child deal with their pain.					
32	United States California, Palo Alto	Packard Children's Hospital at Stanford	Not Provided	http://med.stanford.edu/pedsanesthesia/pain-medicine.html	Elliot Krane ekrane@stanford.edu	<ul style="list-style-type: none"> - Ped. Occupational Ther. - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist 	<ul style="list-style-type: none"> - Outpatient Services - Inpatient Intensive - Day Treatment Rehab - Telehealth - Acupuncture - Hydrotherapy - Hypnosis - Massage - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures

#	Location	Hospital	Program	Website	Contact	Professionals	Services
							<ul style="list-style-type: none"> - Psychological Treatment - Virtual Reality
	Program description	<p>Inpatient service: referral of patients from surgical and medical specialties with post-hospital follow-up in clinic; therapeutic ketamine and/or lidocaine infusions for neuropathic pain disorders. Outpatient clinic: referral of patients by primary care physician or self-referral; clinic intake by MD, NP, PT, OT and Psychology. Follow-up tailored to the needs of the patient. Rehab Program: referral to program by outside physicians or pain clinic; treatment is 5 days a week, 7 hours/day with daily aqua therapy, PT, OT, psychotherapy, medical management; options include hippo therapy as well for selected patients. Interventional practice: selective nerve blocks, spinal injections, nerve ablations and neurolytic blocks; GA or sedation available routinely to all patients undergoing procedures.</p>					
33	United States California, San Francisco	UCSF Benioff Children's Hospital	Pediatric Pain Management Clinic	https://www.ucsfbenioffchildrens.org/clinics/pain_management/index.html	<p>Alicia Heilman alicia.heilman@ucsf.edu</p> <p>William Bernal william.bernal@ucsf.edu</p> <p>Stefan Friedrichsdorf noneedlesspain@icloud.com</p> <p>Karen Sun karen.sun@ucsf.edu</p>	<ul style="list-style-type: none"> - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychologist - Ped. Social Worker - Ped. Dietitian - Ped. Acupuncturist - Ped. Massage Therapist 	<ul style="list-style-type: none"> - Outpatient Services - Inpatient Intensive - Telehealth - Acupuncture - Hypnosis - Massage - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological treatment - Dietician Consultation - Laser acupuncture
	Program description	<p>Interdisciplinary evaluation and management of acute and chronic pain syndromes. The spectrum of pain management integrative therapies offered range from medication management, biofeedback, massage therapy, guided imagery, acupressure and acupuncture to epidurals and regional nerve blocks. Team members include physicians, psychologists, physical and occupational therapists, nurses, acupuncturists, massage therapists and integrative dietitians. For a subset of patients, they may need more intensive therapies and would be admitted into the inpatient Pediatric Amplified Pain Rehabilitation (PAPR) program.</p>					
34	United States, California, San Jose	Kaiser Permanente - Skyport	Pediatric Chronic Pain Clinic (PCPC)	(currently being developed)	<p>Jacqueline Nguyen Jacqueline.ad.nguyen@gmail.com</p>	<ul style="list-style-type: none"> - Ped. Occupational Ther. - Pediatrician - Ped. Physical Therapist - Ped. Psychologist 	<ul style="list-style-type: none"> - Outpatient Services - 8 Week Class - Occupational Therapy - Psychological Treatment - Yoga - Physical Therapy - Relaxation Strategies
	Program description	<p>Multidisciplinary approach to pediatric chronic pain management including one-on-one appointments and 8-week class for youth and caregivers. Psychoeducation about factors impacting pain symptoms including: sleep, nutrition, stress, etc. Introduction to various strategies/techniques to help youth manage chronic pain symptoms.</p>					

#	Location	Hospital	Program	Website	Contact	Professionals	Services
35	United States Delaware, Wilmington	Nemours/Al duPont Hospital for Children	Integrated Pain and Wellness Program	Not Provided	Katherine Salamon ks0054@nemours.org	- Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Integrative Therap.	- Outpatient Services - Acupuncture - Massage - Occupational Therapy - Pharmacologic - Physiotherapy - Psychological Treatment - Yoga
	Program description	The Integrated Pain and Wellness Program is an interdisciplinary outpatient clinic that provides evaluation and treatment of pediatric chronic pain. Youth receive a three hour interdisciplinary evaluation and a treatment plan is developed, which typically includes physical or occupation therapy, cognitive behavioral therapy for pain management, and an integrative service.					
36	United States Florida, Orlando	Nemours Children's Hospital	Pediatric Pain and Rehabilitation Program	Not Provided	Lisgelia Santana Lisgelia.santana@nemours.org	- Ped. Anesthesiologist - Ped. Occupational Ther. - Ped. Pain Medicine - Ped. Physical Therapist - Ped. Psychologist - Ped. Behavioral Ther - Ped. Medical Assistant	- Outpatient Services - Day Treatment Rehab - Energy Field Therapy - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Yoga - Pool available
	Program description	The program consists of an outpatient intensive four weeks of individual behavior therapy, family therapy, physical therapy and occupational therapy Among other specialist referrals if needed Monday to Friday for an average of four weeks. Therapies are 3 hours a day with strict schedule including two hours of school work and HEP plus family time.					
37	United States Florida, St. Petersburg	Johns Hopkins All Children's Hospital	Not Provided	https://www.hopkinsallchildrens.org/Services/Anesthesiology/Pain-Management/Chronic-Pain-Management	Will Frye wfrye1@jhmi.edu Giovanni Cucchiario gcucchi1@jhmi.edu	- Ped. Anesthesiologist - Ped. Nurse - Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine	- Outpatient Services - Inpatient Intensive - Acupuncture - Psychological Treatment
	Program description	We bring together a team of board-certified anesthesiologists, nurse practitioners, physician assistants and psychologists to meet the needs of each child or adolescent with pain issues or chronic illness. Together with families, our specialists will create a personalized treatment plan. This plan may include medications or procedures along with complementary therapies such as psychotherapy, biofeedback, occupational and physical therapy solely dedicated to the management of pain. Our chronic pain management service uses a multidisciplinary team to evaluate patients in our Outpatient Care Center. The chronic pain service offers a short-term inpatient rehabilitation program for youth with Complex Regional Pain Syndrome (CRPS) and related chronic pain conditions limiting functioning.					

#	Location	Hospital	Program	Website	Contact	Professionals	Services
38	United States Illinois, Chicago	Shirley Ryan Abilitylab (formerly RIC)	Pain Management Center	https://www.sralab.org/services/adolescent-pots-management-program	Diane Amstutz damstutz@sralab.org Gadi Revivo grevivo@sralab.org Benjamin Katholi bkatholi@sralab.org	- Ped. Nurse - Adult Nurse - Ped. Occupational Ther. - Adult Occupational Ther - Ped. Pain Med Specialist - Adult Pain Med Special - Ped. Physical Therapist - Adult Physical Therapist - Ped. Psychologist - Adult Psychologist - Ped. Rehab Medicine - Adult Rehab Medicine - Adult Vocation Counsel	- Outpatient Services - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Qigong - Yoga
	Program description	Interdisciplinary pain management with physical and occupational therapy, psychological counseling, relaxation training, and rehabilitation medicine services. Services include comprehensive management and treatment provided by a team of rehabilitation professionals, tailored to the needs of the individual. Adolescents with diagnoses of postural orthostatic tachycardia syndrome (POTS) and functional neurological symptom disorder (FNSD) are also seen for evaluation and treatment in our clinic. Our patients range in age from 5 to 21 years old.					
39	United States Indiana, Indianapolis	Riley Hospital for Children	Riley Pain Center	https://www.rileychildrens.org/departments/pain-program	Amy Williams amyewill@iupui.edu James Tolley jtolley@iuhealth.org	- Ped. Nurse - Ped. Physical Therapist - Ped. Psychologist - Ped. Nurse Practitioner	- Outpatient Services - Inpatient Intensive - Energy Field Therapy - Hypnosis - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	This is a clinic within the children's hospital. Initial appointments are multidisciplinary and all patients see the physician, nurse practitioner, psychologist, and physical therapist. Follow-up appointments are scheduled with these providers in pain clinic as indicated. When needed we have providers from other specialties consult in pain clinic including neurology, neurosurgery, and PMR. In addition to outpatient services we can admit patients for inpatient pain rehabilitation admissions on our general rehab floor.					
40	United States, Iowa, Iowa City	University of Iowa Stead Family Children's Hospital	Not Provided	Not Provided	Molly Bauer molly-bauer@uiowa.edu Anureet Walia anureet-walia@uiowa.edu	- Ped. Anesthesiologist - Adult Anesthesiologist - Ped. Gastroenterologist - Ped. Neurologist - Ped. Nurse - Ped. Pain Med Specialist	- Outpatient Services - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Auriculotherapy

#	Location	Hospital	Program	Website	Contact	Professionals	Services
					Warren Bishop warren-bishop@uiowa.edu Leah Zhorne leah-zhorne@uiowa.edu	- Ped. Physical Therapist - Ped. Psychologist - Ped. Social Worker - Ped. Dietician	- Aromatherapy
	Program description	Three different chronic pain teams: 1) Interdisciplinary Headache Clinic (through Neurology), 2) Interdisciplinary Abdominal Pain Clinic (through GI) and 3) Comprehensive Pain Clinic (through Anesthesia).					
41	United States Kentucky, Louisville	Norton Children's Hospital/ University of Louisville Pediatrics	Not Provided	website under development	Bryan Carter bryan.carter@louisvile.edu	- Ped. Psychologist	- Outpatient Services - Telehealth - Psychological Treatment
	Program description	CHIRP, the Children's Health and Illness Recovery Program, is an evidence-based interdisciplinary family-based treatment program designed to maximize the functioning of teens with chronic illness and chronic pain. CHIRP employs a structured treatment approach that helps teens develop specific skills in identifying and managing the stresses that come with chronic illness. Multidisciplinary collaboration with the patient's primary care physician, specialists, other health care professionals, and school/academic personnel enhance and facilitate the teen's increased functioning and independence in managing their illness and returning to more normal functioning.					
42	United States Louisiana, New Orleans	Children's Hospital New Orleans	Interdisciplinary chronic pain management program	Not Provided	Scott Schultz Scott.schultz@lcmhealth.org	- Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine	- Outpatient Services - Inpatient Intensive - Occupational Therapy - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	Our program is focused on functionality within the home, school, and community settings and optimizing function even with pain.					
43	United States Massachusetts Boston	Boston Children's Hospital	Not Provided	Not Provided	Neil Schechter neil.schechter@childrens.harvard.edu Navil Sethna Navil.sethna@childrens.harvard.edu	-Ped. Gastroenterologist - Ped. Neurologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist	- Outpatient Services - Day Treatment Rehab - Acupuncture - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment

#	Location	Hospital	Program	Website	Contact	Professionals	Services
	Program description	Not Provided					
44	United States Michigan, Grand Rapids	Helen DeVos Children's Hospital	Pediatric Comprehensive Pain Clinic	https://www.spectrumhealth.org/locations/spectrum-health-hospitals-helen-devos-childrens-hospital	Brittany Barber Garcia brittany.barbergarcia@helendevoschildren	- Ped. Nurse - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychologist - Ped. Social Worker	- Outpatient Services - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	Children and adolescents (typically ages 5-18 years old) are referred from primary care and specialty medical practices. They receive a 4-part (medical, physical therapy, psychological, social work) evaluation. The interdisciplinary team provides assessment, plan, and recommendations for treatment. The most common treatment recommendations include individual physical therapy, individual (including caregivers) psychological therapy, co-treatment with physical therapist and psychologist (current model is once per week for 10 weeks with both individual and joint sessions with a psychologist and physical therapist and regular physician check-ins), medication intervention, or a combination of the above. We refer to other sub-specialty practices as needed.					
45	United States Minnesota, Minneapolis	Children's Minnesota	Interdisciplinary Pain Clinic	http://ChildrensMN.org	Kavita Desai Dakoji kavita.desaidakoji@childrensmn.org Scott Schwantes, scott.schwantes@childrensmn.org	- Ped. Nurse - Ped. Pain Medicine - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Social Worker	- Outpatient Services - Acupuncture - Hypnosis - Pharmacologic - Physiotherapy - Psychological treatment - Biofeedback - School advocacy
	Program description	A referred patient speaks with a triage nurse; if patient is appropriate, intake packet is sent; upon receiving packet, records are collected and patient is scheduled for intake: interdisciplinary evaluation (including medical clinician, PT, Psych, and SW) and individual evaluations conducted by medical provider, Physical Therapy, Psychology, and SW. Medical clinician meets with patient and parents to provide detailed information about pain pathways. Treatment elements include reviewing pain physiology, gradually increasing normalization of daily activities (with contingency management as needed), teaching relaxation strategies (including hypnosis and biofeedback), and PT strengthening, endurance, balance, activity pacing, and use of graded motor imagery.					
46	United States Missouri, Kansas City	Children's Mercy Hospital	Complex Pain Management (inpatient and outpatient services)	https://www.childrensmercy.org/departments-and-clinics/pain-management-program/complex-pain-management/	Liz Edmundson eedmundson@cmh.edu Dan Millspaugh dmillspaugh@cmh.edu Cara Hoffart cmhoffart@cmh.edu	- Ped. Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Ped. Physical Therapist - Ped. Psychologist - Ped. Rheumatologist - Ped. Social Worker - Pediatric Massage Ther. - Ped. Biofeedback	- Outpatient Services - Inpatient Services - Acupuncture - Hypnosis - Massage - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment

#	Location	Hospital	Program	Website	Contact	Professionals	Services
						- Ped. Advanced Practice	- Biofeedback
	Program description	Multidisciplinary evaluation and treatment of children and adolescents with idiopathic or disease-related chronic pain. Services include medication management, physical therapy, acupuncture, aromatherapy, yoga, massage therapy, biofeedback, hypnosis, and cognitive-behavioral and acceptance-based psychotherapy.					
47	United States Missouri, Kansas City	Children's Mercy Hospital	Rehabilitation for Amplified Pain Syndrome (RAPS) Program (outpatient services)	https://www.childrensmercy.org/departments-and-clinics/pain-management-program/complex-pain-management/	Liz Edmundson eedmundson@cmh.edu Cara Hoffart cmhoffart@cmh.edu Dustin Wallace dpwallace@cmh.edu	- Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychologist - Ped. Rheumatologist - Ped. Social Worker - Ped. Massage Therapist - Ped. Art Therapist - Ped. Music Therapist - Ped. Advanced Practice	- Outpatient Services - Day Treatment Rehab - Telehealth - Hypnosis - Massage - Occupational Therapy - Psychological Treatment - Yoga - Art Therapy - Music Therapy
	Program description	Intensive interdisciplinary pain treatment program that treats youth with chronic pain who are unable to function normally. The program last, on average, 4 weeks depending on each patient's unique needs. Team members guide patients through daily activities to help restore normal function, including physical and occupational therapy, yoga, relaxation techniques, stress-management training, and music and art therapy. Individual and group cognitive behavioral and acceptance-based therapy, as well as parent groups also are provided to support patients and families throughout the program.					
48	United States Missouri, Kansas City	Children's Mercy Hospital	Comprehensive Headache Clinic (outpatient services)	https://www.childrensmercy.org/departments-and-clinics/neurology/headache-services/	Liz Edmundson eedmundson@cmh.edu Jennifer Bickel jlbickel@cmh.edu Mark Connelly mconnelly1@cmh.edu	- Ped. Neurologist - Ped. Nurse - Pediatrician - Ped. Psychologist - Ped. Social Worker - Ped. Advanced Practice	- Outpatient Services - Acupuncture - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	Interdisciplinary evaluation and management of children and adolescents who have headaches associated with moderate to severe functional disability or whose headaches have not responded to initial medical treatments. Services include medication management, nerve blocks, acupuncture, aromatherapy, outpatient infusion, school reintegration, coping skills training, self-hypnosis training, biofeedback and massage therapy.					
49	United States Missouri, Kansas City	Children's Mercy Hospital	Abdominal Pain Clinic	https://www.childrensmercy.org/departments-and-clinics/gastroenterology/pediatric-abdominal-pain-program/	Liz Edmundson eedmundson@cmh.edu Craig Friesen cfriesen@cmh.edu Jennifer Schurman	- Ped. Gastroenterologist - Ped. Nurse - Ped. Psychologist - Ped. Social Worker - Ped. Advanced Practice	- Outpatient Services - Pharmacologic - Procedures - Psychological Treatment - Biofeedback-assisted relaxation training

#	Location	Hospital	Program	Website	Contact	Professionals	Services
					jschurman@cmh.edu		
	Program description	The Abdominal Pain Program at Children's Mercy is a unique clinical and research program devoted to the evaluation and treatment of pediatric abdominal pain. In the program, new patients are assessed by a gastroenterologist and psychologist at the same time, in the same clinic visit. We screen/evaluate for a wide variety of potential biologic, psychologic, and social contributors to pediatric abdominal pain. This allows us to establish a comprehensive plan unique to each child or adolescent patient we see. At the end of the evaluation visit, families are presented with a single, integrated treatment plan. Interventions include medication management, biofeedback assisted relaxation training, cognitive-behavioral therapy, graduated school re-entry, and physical therapy, among others.					
50	United States Missouri, Kansas City	St. Louis Children's Hospital	St. Louis Children's Pain Management Center	https://www.stlouischildrens.org/conditions-treatments/pain-management-clinic	Jacob AuBuchon jdaubuchon@wustl.edu Jessica Justmann jjustmann@wustl.edu Anne LaBarge labargea@wustl.edu Suzanne Thompson suzanmt@bjc.org	- Ped. Anesthesiologist - Adult Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Adult Pain Med Special - Ped. Physical Therapist - Ped. Psychologist - Adult Rehab Medicine	- Outpatient Services - Inpatient Intensive - Comfortability - Massage - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	During a visit to our clinic, patients will be evaluated by: a pain psychologist, a physical therapist with special training in pain disorders, a nurse practitioner with specialized pain management training, and a physician trained in pediatric pain medicine. Services offered include: - Physical therapy - Ongoing pain psychology evaluation - Behavior modification - Stress management - Sleep improvement - Reintegration to normal activities - Return-to-school plans - Medications for pain control - Cognitive behavioral therapies - Nerve blocks, steroid injection, Trigger point injection, Botox for migraines - Aromatherapy, in which the oils of a plant are used to treat pain - Comprehensive chronic pain education - COMMIT program for children behind in educational development.					
51	United States Nebraska, Omaha	Children's Hospital and Medical Center	Not Provided	Not Provided	Thomas Manning	- Ped. Anesthesiologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychologist	- Outpatient Services - Day Treatment Rehab - Occupational Therapy - Pharmacologic - Procedures - Psychological Treatment - Yoga
	Program description	Multidisciplinary clinic including pediatric anesthesiologist, pediatric nurse practitioner, behavioral health, occupational therapy, physical therapy. After initial evaluation by entire team (2 hr appointment) team recommends a treatment plan. The majority of patients are referred to outpatient rehabilitation and behavioral health, a few start an intensive daily program. Daily pt and ot and weekly visits with medical team, behavioral health, and yoga.					
52	United States	Children's Specialized Hospital	Chronic Pain Program	https://www.childrens-specialized.org/programs-and-services/inpatient-	Kate Vieni kvieni@childrens-specialized.org	- Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychologist	- Inpatient Intensive - Occupational Therapy - Physiotherapy - Psychological Treatment

#	Location	Hospital	Program	Website	Contact	Professionals	Services
	New Jersey, Mountainside			programs/chronic-pain-management	Laura Valentino Lvalentino@childrens-specialized.org	- Ped. Rehab Medicine - Child Life - Ped. Recreational Ther.	- Yoga - Aquatics
	Program description	The inpatient chronic pain team at Children's Specialized Hospital promotes wellness of children and adolescents with chronic pain by teaching them strategies to manage pain and encourage functional activity. The inpatient program is for children, adolescents, and young adults with chronic pain who continue to have significant pain and dysfunction despite trials of consistent outpatient therapies. This evidence-based program focuses on regaining function, de-emphasizing pain, and developing appropriate pain management skills. The duration of the program is typically four weeks and employs a multidisciplinary model to increase function, decrease pain and sensitivity, and promote the use of adaptive coping skills for return to home, school, community and leisure.					
53	United States Ohio, Cincinnati	Cincinnati Children's Hospital	Pain Management Center	https://www.cincinnatichildrens.org/service/p/pain	Kenneth R Goldschneider, MD kenneth.goldschneider@cchmc.org	- Ped. Anesthesiologist - Ped. Nurse - Ped. Pain Medicine - Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine	- Outpatient Services - Inpatient Intensive - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	We provide care for all pain conditions on both an outpatient and inpatient basis. Outpatients see a nurse, Pain physician, psychologist and physical therapist, all of whom have specialized training and experience in pain assessment and treatment. Our inpatient pain rehabilitation program (the FIRST Program) provides functional restorative care for patient whose pain is associated with severe functional compromise that has not adequately responded to outpatient treatment. Our pediatric pain fellowship was the second ACGME accredited, free-standing pediatric pain fellowship in the United States. We also are part of the newly formed Center for Understanding Pediatric Pain (CUPP) a comprehensive, multidisciplinary research consortium at Cincinnati Children's Hospital.					
54	United States Ohio, Cleveland	Cleveland Clinic	Cleveland Clinic Pediatric Pain Rehabilitation Program	https://my.clevelandclinic.org/pediatrics/departments/pain-rehabilitation	Ethan Benore benoree@ccf.org	- Ped. Neurologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Rheumatologist	- Outpatient Services - Inpatient Intensive - Day Treatment Rehab - Telehealth - Occupational Therapy - Pharmacologic - Physiotherapy - Psychological Treatment
	Program description	Patients are evaluated by multidisciplinary clinic, which determines treatment arms. Primary treatment arm given our referrals in intensive interdisciplinary pain rehabilitation program.					
55	United States Ohio, Columbus	Nationwide Children's Hospital	Comprehensive Pain Services	http://www.nationwidechildrens.org/pain-service-clinic	Kathleen Lemanek kathleen.lemanek@nationwidechildrens.org Sharon Wrona; Admin Director sharon.wrona@nationwidechildrens.org	- Ped. Anesthesiologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Ped. Physical Therapist - Ped. Psychologist	- Outpatient Services - Day Treatment Rehab - Acupuncture - Hypnosis - Massage - Occupational Therapy

#	Location	Hospital	Program	Website	Contact	Professionals	Services
					Timothy Smith; Medical Director timothy.smith@nationwidechildrens.org	- Ped. Social Worker	- Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Therapeutic Recreation
	Program description	A comprehensive interdisciplinary pain management program for children through young adults with a chronic pain condition and related functional impairment. Services are provided within an outpatient clinic at two locations, the Comprehensive Pain Management Clinic, and a three-week day treatment program, the Intensive Pain Rehabilitation and Education Program (IPREP). The clinic and the day treatment program provide personalized evaluation and integrative pain management services. The team includes physicians, nurse practitioners, psychologists, physical therapists, social workers, acupuncturists and massage therapists, along with occupational therapists, school teachers, and therapeutic recreational specialists within the day treatment program.					
56	United States Oregon, Portland	Oregon Health & Science University	Pediatric Pain Management Center	https://www.ohsu.edu/doernbecher/pediatric-pain-management	Amy Holley holleya@ohsu.edu	- Adult Anesthesiologist - Ped. Pain Medicine - Adult Pain Medicine - Ped. Physical Therapist - Adult Physical Therapist - Ped. Psychologist - Adult Psychologist	- Outpatient Services - Inpatient Intensive - Telehealth - Acupuncture - Massage
	Program description	The Pediatric Pain Management Center is located within OHSU's Comprehensive Pain Center (CPC). The center provides a range of services to treat patients with pain across the lifespan in an integrated model. Providers include: physicians, psychologists, physical therapists, massage therapists, & acupuncturists.					
57	United States Pennsylvania, Philadelphia	The Children's Hospital of Philadelphia	CHOP Amplified Musculoskeletal Pain Syndrome (AMPS) Program	https://www.chop.edu/centers-programs/center-amplified-musculoskeletal-pain-syndrome	Kimberly Miller, Ph.D. millerk7@email.chop.edu Lisa Board, program coordinator ampsprogram@email.chop.edu	- Ped. Nurse - Ped. Occupational Ther. - Ped. Physical Therapist - Ped. Psychologist - Ped. Rheumatologist - Ped. Social Work - Ped. Art Therapy - Ped. Music Therapy	- Inpatient Intensive - Day Treatment Rehab - Occupational Therapy - Physiotherapy - Psychological Treatment - Yoga
	Program description	Patients who have been seen for a multi-disciplinary clinic evaluation in the AMPS outpatient clinic can be referred to our intensive treatment program (either day hospital or inpatient, typically dependent on insurance). Patients stay an average of 3 weeks in our program, which is Monday - Friday, 8am - 4pm. Patients receive daily intensive PT and OT. Patients also meet with Psychology 2x/week, and art, music, and social worker 1x/week. Patients attend weekly lunch groups 2x/week (led by a Psychologist and Social Worker). Parents attend a weekly parent support/education group (led by Psychologist and Social Worker)					
58	United States	The Children's Hospital of Philadelphia	CHOP Pediatric Headache Program	https://www.chop.edu/centers-programs/pediatric-headache-program	Dina Karvounides karvounidd@email.chop.edu	- Ped. Neurologist - Ped. Nurse - Ped. Psychologist - Ped. Social Worker	- Outpatient Services - Psychological Treatment

#	Location	Hospital	Program	Website	Contact	Professionals	Services
	Pennsylvania, Philadelphia						
	Program description	This program is primarily outpatient services for children and adolescents with chronic headaches/migraines. This includes multidisciplinary intakes with our Neurologists, Nurse Practitioners and Psychologist. Patients can be seen for ongoing CBT with the psychologist on the team. Patients are admitted inpatient when needed and hospital staff follows an input pathway for treatment. We do not have an established day program at this time.					
59	United States Pennsylvania, Pittsburgh	UPMC Children's Hospital of Pittsburgh	Pediatric Chronic Pain Management	www.chp.edu	Sarah Ritchie Sarah.Ritchie2@chp.edu Scott Brancolini brancolinisa@upmc.edu Angela Garcia garciaam@upmc.edu Cathy Campese, Catherine.Campese@chp.edu Rachael Lauer rachael.lauer@chp.edu Janessa Nowlen-Lorenzo janessa.nowlen@chp.edu	- Ped. Anesthesiologist - Adult Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Adult Pain Med Special - Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine	- Outpatient Services - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Physical Therapy
	Program description	A comprehensive evaluation by our multidisciplinary team which consists of a Board-Certified Pain Medicine Anesthesiologist, PM&R Physiatrist, Nurse Practitioners, RN, Social Worker, Pain Psychologist and Physical therapist in our outpatient clinic. After each team member has the opportunity to meet the patient, an individualized treatment plan is developed.					
60	United States South Carolina, Columbia	Children's Hospital of Prisma Health	Pediatric Pain Medicine	https://www.ghschildrens.org/specialists/pediatric-pain-medicine/	Blake Windsor blake.windsor@prismahealth.org	- Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Med Specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Neuropsychologist	- Outpatient Services - Inpatient Intensive - Acupuncture - Hydrotherapy - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Yoga
	Program description	Comprehensive interdisciplinary pain treatment and functional restoration program treating the spectrum of acute and chronic pain, headache, and concussion in children and young adults up to age 21. In-clinic outpatient services include interdisciplinary evaluations for chronic pain and headache with pediatric pain and					

#	Location	Hospital	Program	Website	Contact	Professionals	Services
		headache physician, pediatric pain psychologist, pediatric neuropsychologist, child psychiatrist, and physical and occupational therapists. Treatment modalities include medical management, cognitive behavioral therapy, physical and functional rehabilitation, acupuncture, and procedural interventions. Inpatient services include consultative evaluations and management of acute medical and post-surgical pain, chronic pain, and inpatient management of refractory headache.					
61	United States Tennessee, Nashville	Monroe Carell Jr. Children's Hospital at Vanderbilt	Outpatient Pain Management Clinic	https://www.childrenshospitalvanderbilt.org/clinic/outpatient-pain-management-clinic	Amanda Stone amanda.l.stone@vumc.org Andrew Franklin andrew.franklin@vumc.org	- Ped. Anesthesiologist - Ped. Nurse - Ped. Psychologist	- Outpatient Services - Pharmacologic - Procedures - Psychological Treatment
	Program description	The Outpatient Pediatric Pain Management Clinic at Children's Hospital evaluates patients on an outpatient basis by referral from the child's primary care or specialist provider. Our outpatient clinicians tailor a unique plan specifically for the child's needs and may use a combination of medications, interventional procedures (such as nerve blocks), physical therapy and mental health care support. Pain management procedures to reduce pain are often done in clinic but may also be performed under sedation provided by either the sedation service or anesthesiology. Our clinic operates one day a week. We are also available to answer questions Monday through Friday via telephone.					
62	United States Tennessee, Memphis	St. Jude Children's Research Hospital	Not Provided	www.stjude.org	Kyle Morgan kyle.morgan@stjude.org Doralina Anghelescu doralina.anghelescu@stjude.org Micheal Frett micheal.frett@stjude.org Becky Wright becky.wright@stjude.org	- Ped. Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Ped. Physical Therapist - Ped. Psychologist	- Outpatient Services - Hypnosis - Massage - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment - Yoga
	Program description	The pediatric pain service exclusively serves the patients at SJCRH with a multidisciplinary approach to pain management. A pain physician/anesthesiologist oversees a team of nurse practitioners, pain psychologists, child life specialists, music therapists and physical/occupational therapists to provide a scope of care that includes acute/postoperative pain, chronic pain, palliative care and palliative sedation therapy.					
63	United States Texas, Fort Worth	Cook Children's Hospital	Cook Children's Center for Pain Management and Integrative Health	https://www.cookchildrens.org/pain-management	Artee Gandhi artee.gandhi@cookchildrens.org Barbara Deleon barbara.deleon@cookchildrens.org	- Ped. Anesthesiologist - Ped. Nurse - Ped. Pain Med Specialist - Ped. Physical Therapist - Ped. Psychologist - Ped. Social Worker	- Outpatient Services - Inpatient Intensive - Telehealth - Acupuncture - Chinese Herbal - Massage - Occupational Therapy - Pharmacologic

#	Location	Hospital	Program	Website	Contact	Professionals	Services
							<ul style="list-style-type: none"> - Physiotherapy - Procedures - Psychological Treatment - Yoga - Aromatherapy - Animal Assisted Therapy - Music Therapy - Art Therapy
							<p>Program description</p> <p>We have a referral network throughout Texas, New Mexico, Oklahoma, Arkansas, and Louisiana. Our model brings together conventional medicine and complementary therapies. The focus of our pain program is a multidisciplinary/integrative approach to the management of pain including pharmacologic, interventional, and nonpharmacologic therapies. We perform a detailed history and physical exam, we delve into the patient's diet, exercise routine, sleep habits, stressors, risk of abuse/bullying, school performance, family/social support, and pain psychology. A treatment plan is based on our collective findings and incorporates strategies that focus on medication, mind-body therapies, lifestyle modifications, coping mechanisms, and interventional procedures.</p>
64	United States Texas, Houston	Texas Children's Hospital	Not Provided	https://www.texaschildrens.org/departments/pain-medicine	Benjamin H. Lee bhlee1@texaschildrens.org Laura Torres ltorres@texaschildrens.org Hillary Cloyd hocloyd@texaschildrens.org	<ul style="list-style-type: none"> - Ped. Anesthesiologist - Ped. Gastroenterologist - Ped. Nurse - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Pediatric Psychologist 	<ul style="list-style-type: none"> - Outpatient Services - Acupuncture - Hypnosis - Massage - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
							<p>Program description</p> <p>The Texas Children's Hospital pediatric outpatient chronic pain clinic provides comprehensive pain evaluation and treatment by an interdisciplinary team of pediatric pain medicine physicians, pediatric nurse practitioners, physical therapists, and clinical child psychologists. Services provided include medical therapy for chronic pain, interventional pain procedures, psychology-based pain therapy (CBT, hypnosis, biofeedback, etc.), and CAM therapies (e.g. acupuncture, acupressure, and integrative medicine). We also provide clinical evaluation and treatment of children and adolescents with chronic abdominal pain by a multi-disciplinary team including pain physicians, clinical psychologists, and pediatric gastroenterologists.</p>
65	United States Washington, Seattle	Seattle Children's Hospital	Pediatric Pain Medicine Program	https://www.seattlechildrens.org/clinics/pain-medicine/	Gary A. Walco gary.walco@seattlechildrens.org PMC Nurse pmcrn@seattlechildrens.org	<ul style="list-style-type: none"> - Ped. Anesthesiologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Pediatrician - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Acupuncturists 	<ul style="list-style-type: none"> - Outpatient Services - Day Treatment Rehab - Telehealth - Acupuncture - Hydrotherapy - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy

#	Location	Hospital	Program	Website	Contact	Professionals	Services
							<ul style="list-style-type: none"> - Procedures - Psychological Treatment
	Program description	The Pain Medicine program provides care through three different arms: an inpatient consultation service, an interdisciplinary outpatient clinic, and a pain rehabilitation program that is principally a day treatment program with the capacity to hospitalize patients for rehabilitation of more complicated or compromised conditions. Entry into the pain medicine clinic is by referral and all patients undergo a comprehensive interdisciplinary assessment by a team consisting of a physician, a pain psychologist, a rehabilitation specialist and a nurse. Treatment approaches are evidence based, including the use of medications, procedural interventions, cognitive-behavioral strategies, physical and occupational rehabilitation, and acupuncture.					
66	United States Washington, D.C.	Children's National Hospital	Not Provided	https://childrensnational.org/departments/pain-medicine-care-complex	Angela A. Fletcher anfletch@cnmc.org	<ul style="list-style-type: none"> - Ped. Neurologist - Ped. Nurse - Ped. Pain Medicine - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist - Ped. Rehab Medicine 	<ul style="list-style-type: none"> - Outpatient Services - Telehealth - Acupuncture - Physiotherapy - Psychological Treatment
	Program description	Comprehensive interdisciplinary pain center that includes biopsychosocial evaluation and treatment including various disciplines of anesthesiology, pediatric psychology, physical therapy, rehabilitation, and nursing. Complimentary and integrative therapies include medication management, regional anesthesiology, acupuncture, cognitive behavioral therapy, psychological therapy, sleep hygiene education, biofeedback training, relaxation training, mindfulness, aroma therapy, and school liaison/reintegration.					
67	United States Wisconsin, Madison	American Family Children's Hospital	Not Provided	https://www.uwhealthkids.org/pediatric-pain-management/pediatric-pain-management/49615	Tim Casias tcasias@wisc.edu Anne Hoeft ahoeft@uwhealth.org	<ul style="list-style-type: none"> - Ped. Anesthesiologist - Ped. Gastroenterologist - Ped. Neurologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Med Specialist - Pediatrician - Ped. Physical Therapist - Ped. Psychologist - Ped. Rehab Medicine - Ped. Vocational Couns. 	<ul style="list-style-type: none"> - Outpatient Services - Occupational Therapy - Pharmacologic - Procedures - Psychological Treatment
	Program description	The program at the AFCH pain clinic has both inpatient and outpatient multidisciplinary pain medicine programs. We see all types of pain as an outpatient and also have two separate multidisciplinary clinics for Complex Regional Pain Syndrome (CRPS)/complex rehab issues and Ehlers Danlos Syndrome (EDS). For inpatient we offer intensive CRPS treatments as well for chronic pain in which function is very decreased. We offer all procedures that would be necessary as well as manage medications. Psychology and PT/OT are mainstays of the program and patients see them as well.					

#	Location	Hospital	Program	Website	Contact	Professionals	Services
68	United States Wisconsin, Milwaukee	Children's Wisconsin	Jane B. Pettit Pain and Headache Center	https://chw.org/medical-care/pain-management-program	Steven J. Weisman sweisman@mcw.edu Stacy Peterson speterson@mcw.edu	<ul style="list-style-type: none"> - Ped. Anesthesiologist - Ped. Nurse - Ped. Occupational Ther. - Ped. Pain Medicine - Ped. Physical Therapist - Ped. Psychiatrist - Ped. Psychologist 	<ul style="list-style-type: none"> - Outpatient Services - Multidisciplinary Outpatient Care - Acupuncture - Hypnosis - Occupational Therapy - Pharmacologic - Physiotherapy - Procedures - Psychological Treatment
	Program description	Our Program combines knowledge in specialties like: Anesthesiology, Advanced Practice Nursing, Psychology, Pain management, Individual and family therapy, Physical and occupational therapy, and Integrative Medicine. In addition to using pain medicine when appropriate, we will help your child cope with discomfort by using non-medication interventions, such as relaxation, distraction and cognitive behavioral techniques. Our most significant goal is to help your child return to leading a normal lifestyle.					

Services list

In each cell, there is a list of centers offering that service. Click on the name of the clinic to see the full information.

Service	Centers offering the service
Outpatient services	<p> Perth Children's Hospital Queensland Children's Hospital The Children's Hospital at Westmead BC Children's Hospital Hospital for Sick Children Jim Patterson Children's Hospital Montreal Children's Hospital Stollery Children's Hospital Children's Hospital of Eastern Ontario IWK Health Centre Alberta Children's Hospital McMaster Children's Hospital CHU Sainte-Justine Vestische Kinder- und Jugendklinik, Universität Witten/Herdecke Bethesda Children's Hospital Tel Aviv Sourasky Medical Center and Dana Dwek Children's Hospital Erasmus Medical Centre-Sophia Childrens Hospital Starship Children's Health Unitat per a l'Estudi i Tractament del Dolor - ALGOS; Hospital Universitari Sant Joan de ReusUniversitari University Children's Hospital Zurich Western Sussex Hospitals NHS Foundation Trust Oxford University Hospitals Royal Aberdeen Children's Hospital Great North Children's Hospital Leeds Children's Hospital James Cook University Hospital Children's Hospital of Orange County Shirley Ryan Abilitylab (formerly RIC) University of Iowa Stead Family Children's Hospital Monroe Carell Jr. Children's Hospital at Vanderbilt American Family Children's Hospital St. Jude Children's Research Hospital Children's Hospital New Orleans Children's Hospital of Prisma Health Arkansas Childrens Hospital UPMC Children's Hospital of Pittsburgh Cook Children's Hospital Children's Mercy Hospital St. Louis Children's Hospital Nemours Childrens Hospital Kaiser Permanente- Skyport Children's Hospital and Medical Center Children's Wisconsin Seattle Children's Hospital Nationwide Children's Hospital Johns Hopkins All Children's Hospital The Children's Hospital of Philadelphia Cincinnati Children's Hospital Texas Children's Hospital Children's Hospital Los Angeles Whole Child LA Pain Clinic Boston Children's Hospital Packard Children's Hospital at Stanford Oregon Health & Science University Riley Hospital for Children Nemours/AI duPont Hospital for Children Cleveland Clinic Helen DeVos Children's Hospital Children's National Hospital Norton Children's Hospital/UofLouisville Pediatrics Children's Minnesota UCSF Benioff Children's Hospital </p>

<p>Inpatient/intensive rehabilitation</p>	<p>BC Children's Hospital Vestische Kinder- und Jugendklinik, Universität Witten/Herdecke Adelante-Zorggroep, Maastricht University Starship Children's Health Western Sussex Hospitals NHS Foundation Trust Oxford University Hospitals Royal Aberdeen Children's Hospital Leeds Children's Hospital Children's Specialized Hospital American Family Children's Hospital Children's Hospital New Orleans Children's Hospital of Prisma Health Arkansas Childrens Hospital Children's Hospital of Philadelphia Cook Children's Hospital Children's Mercy Hospital St. Louis Children's Hospital Johns Hopkins All Children's Hospital Cincinnati Children's Hospital Children's Hospital Los Angeles Packard Children's Hospital at Stanford Riley Hospital for Children Cleveland Clinic UCSF Benioff Children's Hospital</p>
<p>Day treatment rehabilitation</p>	<p>Perth Children's Hospital The Children's Hospital at Westmead Alberta Children's Hospital Adelante-Zorggroep, Maastricht University Erasmus Medical Centre-Sophia Childrens Hospital Oxford University Hospitals Royal Aberdeen Children's Hospital Great North Children's Hospital Leeds Children's Hospital Children's Hospital of Philadelphia Children's Mercy Hospital Nemours Childrens Hospital Children's Hospital and Medical Center Seattle Children's Hospital Nationwide Children's Hospital Boston Children's Hospital Packard Children's Hospital at Stanford Cleveland Clinic</p>